



# **INITIATE CHANGE**

SKOUN, Lebanese Addiction Center

# ADMISSION PROCESS

**1** Receiving help at Skoun is a simple process. Once contact is made with us, a member of the staff will briefly assess your situation and inform you of your choices.

**2** The next step involves a thorough assessment including a psychiatric, psychological, social and medical evaluation. A treatment plan is then drawn up to meet all of your needs.



# SKOUN'S SERVICES

Skoun offers a holistic approach to treatment including a wide range of interventions offered by our multidisciplinary team.



## PSYCHIATRY

- Evaluate the nature of the problem
- Explore possible psychological disorders
- Set a treatment plan



## COUNSELING AND PSYCHOTHERAPY

- Get support in a safe environment
- Improve emotional and psychological well-being
- Build skills to prevent relapse



## HEALTH

- Get a medical check up
- Receive treatment for health conditions



## HIV COUNSELING AND TESTING

**Skoun** provides HIV Voluntary Counseling and Testing for any member of the community. This service is anonymous, free-of-charge and rapid

(results are given immediately). Unlike laboratory tests that only offer results, this service provides you with all the detailed information that will help you protect yourself from contracting HIV/AIDS.

## **FAMILY SERVICES**

Addiction has a major impact on the entire family. Information and support can help you and your family with the healing process.

### **Our services include:**

- **Family Support Group:** Sessions that allow the family to learn about addiction, share concerns and, support each other.
- **Family Counseling:** conjoint sessions with the client and their family.

## **DRUG ADVICE**

**Skoun** can answer any questions or concerns regarding drug use.

## **LEGAL CONSULTATION**

Legal consultation can be provided if needed.

# SKOUN'S OUTPATIENT TREATMENT

**Skoun** is an outpatient therapeutic facility that offers treatment to people with addiction problems.

**Skoun** also provides prevention services to people who use drugs in order to reduce the harms associated with their drug use.



Badaro Center: Main Street, Beydoun Bldg, 4th Floor | Tel: 01•381 580  
Jnah Center: Rafik Hariri University Hospital, Bir Hassan | Tel: 01•845 512  
f/Skoun.org      /Skoun\_org | www.skoun.org | info@skoun.org